

**YANA**

*“Yana got my life back on track.”*

Hannah, College Student

**Your brighter future begins today.**

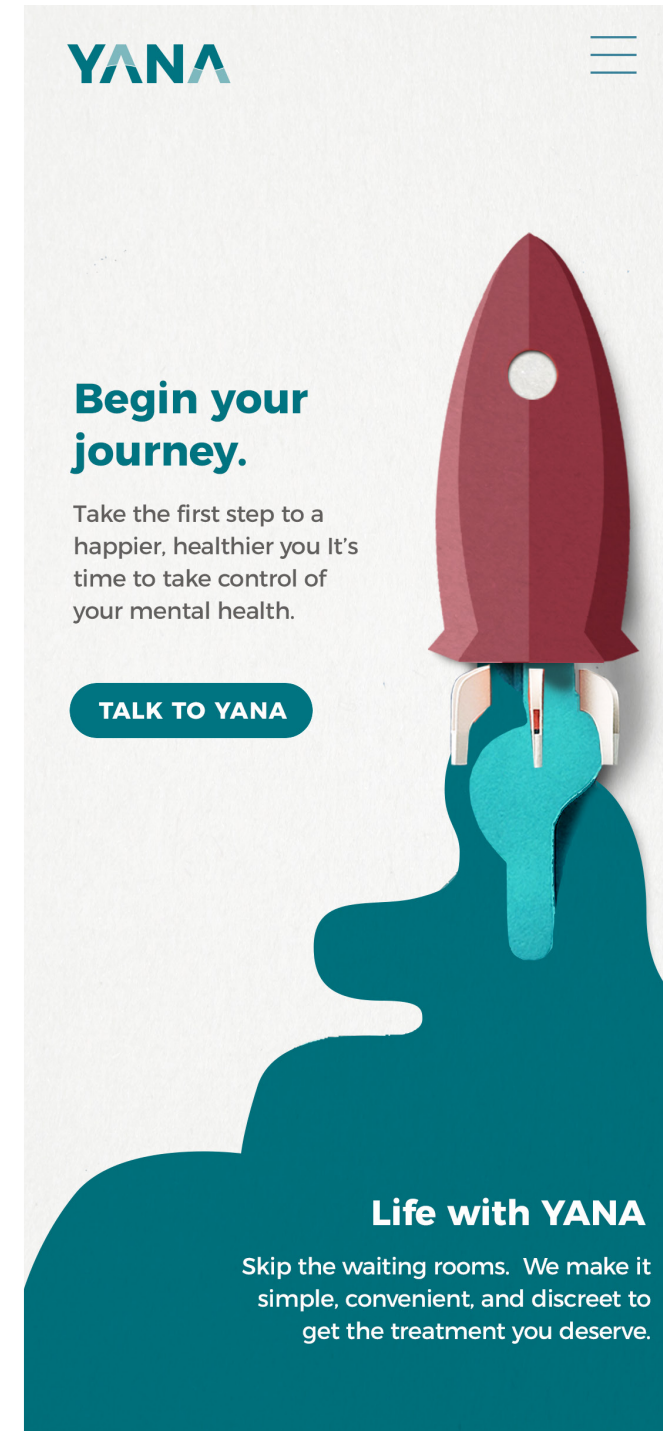
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**YANA**

**Introducing the world's first virtual mental health clinic.**

- MEDICAL DOCTORS**  
Yana's doctors are carefully selected and matched to fit your personal needs. They will evaluate your symptoms and create a treatment plan made just for you.
- LICENCED THERAPISTS**  
Yana's licensed therapists will guide you through difficulties and offer constructive ways of dealing with challenges via talk therapy and regular check-ins.
- PROPER MEDICATION**  
If your doctor decides that FDA-approved medication, clinically proven to correct imbalances in brain chemistry, is right for you, Yana delivers it right to your door.
- CARE COORDINATORS**  
YANA's team of care coordinators are available 24 hours a day, 7 days a week to make sure you're on the path to mental wellness.



**YANA**

**Begin your journey.**

Take the first step to a happier, healthier you. It's time to take control of your mental health.

[TALK TO YANA](#)

**Life with YANA**

Skip the waiting rooms. We make it simple, convenient, and discreet to get the treatment you deserve.



**YANA**


**Monthly membership includes:**

- ACCESS TO MEDICAL CARE ON YOUR PHONE, TABLET, OR COMPUTER. ✓
- MEDICATION DELIVERED TO YOUR DOOR ✓
- FLAT-RATE, NO HIDDEN FEES ✓
- 24/7 CARE COORDINATORS ✓
- AFFORDABLE TALK-THERAPY ✓

Subscriptions start at \$59 a month\*

[TALK TO YANA](#)

\*Eligible for Insurance Reimbursement



**YANA**

*“Yana made  
feel less alone.”*  
Peter, Single Father


**Focus on you.  
We’ll handle the rest.**

**IS YANA RIGHT FOR YOU?**  
Take our free online clinical assessment.

**GET MATCHED TO DOCTORS**  
Yana intelligently matches you with a doctor who will partner with you to get you the best treatment possible.

**DISCUSS TREATMENT OPTIONS**  
Via a live call, your doctor will evaluate your symptoms, diagnose you, and go over treatment options.

**TALK THERAPY**  
If you and your doctor agree that talk-therapy is right for you, a licensed therapist will be referred based on your needs. You control the scheduling.



**YANA**

**MEDICATION DELIVERY**  
If medication is something you and your doctor agree to, you will be prescribed and the medication will be discreetly delivered to your home.


**REGULAR CHECK-INS**  
Yana will periodically assess your mental wellness using both live and electronic tools so your doctor can evaluate the effectiveness of your treatment.

**WE KEEP WORKING**  
At no additional charge, changes to your prescription or treatment plan may be necessary until the desired outcome is achieved.

**Help is one click away.  
Ready to begin?**

**TALK TO YANA**

**YANA**  
You are not alone.



**YANA**


**OUR MISSION**  
**To ensure no one with depression goes untreated.**

Nearly 40% of people suffering from depression never seek professional help because the path to treatment is overwhelming, expensive, uncomfortable, and inconvenient.

**THE FUTURE**  
**At Yana, we believe everyone deserves to be happy.**

We imagine a world where mental health treatment is convenient, easily accessible, and affordable for all.

**HOW WE COMPARE TO OTHER PROVIDERS**



**YANA**

**PROVEN RESULTS**  
**A brighter tomorrow is within reach.**

Research shows that combining therapy and medication greatly increases the likelihood of overcoming depression or anxiety.

**GET STARTED**

**HEALTH INSURANCE ELIGIBLE**  
Health insurance should cover mental health, right? The answer is not so simple. Mental health is often carved out of people’s insurance plans. And when it is included, patients must have already met their annual deductible before insurance kicks in. Even after the deductible is met, there are still co-pays at doctor’s offices and the cost of medication is also paid for when you get to the pharmacy.

We calculate that the cost of being a Yana member is similar to that of going through private insurance. But when you consider the convenience, there’s no comparison.

Lastly, Yana’s patients can download receipts with specialized billing codes expressed so that it can be sent directly to your insurance company for potential reimbursement.